IN THE CLAIMS:

Please rewrite claims 5-9, 11 and 12, as shown below in the detailed listing of all claims which are, or were, in this application:

 (Original) An inclusion complex of a lignan or lignan ester with a cyclodextrin, wherein the lignan or lignan ester is a compound of formula (I)

$$CH_3 O$$
 $R-O$
 $CH_3 O$
 OCH_3
 $O-R$
 R_1
 $O-R$
 $O-$

or formula (II)

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wherein L is a lignan skeleton, which optionally includes a bridge forming a ring with one of the phenyl groups in the formulae; R_1 is H or methoxy,

and R is H, methyl, R'-CO- or R'-SO₂-, wherein

R' is a C_1 to C_{22} alkyl, alkenyl, arylalkyl, aralkenyl, or an aromatic group, and R' is unsubstituted or substituted with one or more hydroxy groups and/or one or more carboxyl groups, an oxo group or an amino group, or a geometric isomer or a stereoisomer thereof, provided that R is methyl only in a single R-Osubstituent in a compound of formula (I) where L is a skeleton of the lignan arctigenin.

- 2. (Original) The complex according to claim 1 wherein the cyclodextrin is α -cyclodextrin, β -cyclodextrin, γ -cyclodextrin or a derivative thereof.
- 3. (Original) The complex according to claim 2 wherein the cyclodextrin is natural cyclodextrin.
- 4. (Original) The complex according to claim 2 wherein the cyclodextrin is γ -cyclodextrin or hydroxypropyl- β -cyclodextrin.

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- 5. (Currently amended) The complex according to any of the claims 1-4 claim 1, wherein L in compound (I) is a lignan skeleton of any of the lignans selected from the group consisting of hydroxymatairesinol, matairesinol, lariciresinol, secoisolariciresinol, isolariciresinol, oxomatairesinol, alphaconidendrin, pinoresinol, liovil, picearesinol, arctigenin, syringaresinol or and nortrachelogenin.
- 6. (Currently amended) The complex according to any of the claims 1-4 claim 1, wherein L in compound (II) is a lignan skeleton of enterolactone or enterodiol.
- 7. (Currently amended) The complex according to any of the claims 1-4 claim 1, wherein both of the groups R-O- in the compound (I) or (II) are hydroxy groups.
- 8. (Currently amended) The complex according to any of the claims 1-4 claim 1, wherein both of the groups R-O- in the compound (I) or (II) are ester groups, where R is R'-CO or R'-SO₂ and R' is as defined in claim 1 a C_1 to C_{22} alkyl, alkenyl, arylalkyl, aralkenyl, or an aromatic group, and R' is unsubstituted or substituted with

one or more hydroxy groups and/or one or more carboxyl groups, an oxo group or an amino group, or a geometric isomer or a stereoisomer thereof.

- 9. (Currently amended) A food product comprising a complex according to any of the claims 1-8 claim 1 and a foodstuff.
- 10. (Original) The food product according to claim 9, which is a functional food, a nutritional supplement, a nutrient, a pharmafood, a nutraceutical, a clinical nutrition product, a health food or a designer food.
- 11. (Currently amended) A dietary supplement composition comprising a complex according to any of the claims 1-8 claim 1 and an acceptable carrier.
- 12. (Currently amended) A pharmaceutical composition comprising a complex according to any of the claims 1-8 claim 1 and an acceptable carrier.